

Yang style (24)

1. Opening
2. Wild horse parts mane 3 times (L-R-L)
3. White crane flashes wing
4. Brush knee and push palm 3 times (L-R-L)
5. Play guitar
6. Monkey steps backwards 4 times
7. Grasp the bird's tail (left)
8. Grasp the bird's tail (right)
9. Single whip push
10. Wave hands like clouds
11. Single whip push
12. Pat the horse
13. Right heel kick
14. Snap ears with fists
15. Left heel kick
16. (Left) snake creeps down & rooster stand
17. (Right) snake creeps down & rooster stand
18. Beauty works at the shuttle (2 corners)
19. Needle at sea bottom
20. Push the moon away
21. Hidden fist, knuckle strike
22. Close the door
23. Scoop up the energy, cross hands
24. Closing