

# 莲花太极扇 42 式

## Lotus Taiji Fan-play 42 forms

- 1: 闻风起舞 Start dancing — responding to a call
- 2: 凤凰展翅 Great phoenix spreading its wings
- 3: 柳穗迎风 Wind in the willows
- 4: 美人照镜 Beautiful person looking in the mirror
- 5: 丹凤朝阳 Red phoenix exposing to sun
- 6: 豹子回头 Leopard turning its head
- 7: 翻身斩蟒 Turning around to chop boa
- 8: 坐马观花 Riding on horse and viewing flowers
- 9: 左右横扫 Sweeping right and left
- 10: 老鹰啄食 Eagle pecking
- 11: 哪吒闹海 (Nezha) probing the sea
- 12: 神龙探爪 Dragon exploring with its claws
- 13: 迎面拦截 Head-on intercepting
- 14: 左右还击 Fighting back left and right
- 15: 白猿献果 White ape offering fruit
- 16: 推窗望月 Opening window to view moon
- 17: 拔草寻蛇 Pulling up weeds to look for snake
- 18: 海底捞月 Dredging moon from sea bottom
- 19: 怀中抱月 Embracing moon
- 20: 白鹤亮翅 White crane flashing its wing
- 21: 肘底藏花 Hiding flower under elbow
- 22: 仙人指路 Immortal guardian pointing the way
- 23: 猛虎下山 Tiger running down mountain
- 24: 大鹏展翅 Great roc spreading its wing
- 25: 力劈华山 Cleaving the hill
- 26: 声东击西 Making a feint to east and attacking to west
- 27: 独立跨虎 Mounting on tiger with one leg
- 28: 转身摆莲 Turning and swaying lotus flowers
- 29: 顺水推舟 Pushing boat along current
- 30: 犀牛望月 Rhinoceros viewing moon
- 31: 风卷荷叶 Wind sweeping lotus leaves
- 32: 一柱擎天 A pillar popping up
- 33: 金龙吐珠 Gold dragon spitting out a pearl
- 34: 展翅纷飞 Eagle soaring
- 35: 银龙昂首 Silver dragon holding up its head
- 36: 泰山压顶 Overwhelming mount Tai
- 37: 一字天平 Keeping body level like a line
- 38: 金童献宝 Child presenting gift
- 39: 白蛇吐芯 Snake sticking out its tongue
- 40: 狮子摇头 Lion shaking its head
- 41: 孔雀开屏 Peacock upholding its tail
- 42: 九九归一 All has been done